

*Merry Christmas*

*Happy Holidays*

*And All that Fun Stuff!!*



**From  
Jezzie and Bruti**

**For the Love of the Dog**

*My goal in life is to be as good a person as my dogs think I am!  
Deanna, Jezzie & Bruti's*

For the Love of the Dog

**Our Gift to You**

*This year for Christmas we put together some favorites... friends, food, quotes, poems, funnies and stories. I hope you enjoy them as much as we do!*



*Hugs and Cuddles*  
*Jezzie & Bruti*

## Just a Dog

From time to time, people tell me, "lighten up, it's just a dog," or, "that's a lot of money for just a dog." They don't understand the distance traveled, the time spent, or the costs involved for "just a dog."



Some of my proudest moments have come about with "just a dog." Many hours have passed and my only company was "just a dog," but I did not once feel slighted.

Some of my saddest moments have been brought about by "just a dog," and in those days of darkness, the gentle touch of "just a dog" gave me comfort and reason to overcome the day.

If you, too, think it's "just a dog," then you will probably understand phrases like "just a friend", "just a sunrise" or "just a promise." "Just a dog" brings into my life the very essence of friendship, trust, and pure unbridled joy. "Just a dog" brings out the compassion and patience that make me a better person.

Because of "just a dog", I will rise early, take long walks and look longingly to the future. So for me and folks like me, it's not "just a dog", but an embodiment of all the hopes and dreams of the future, the fond memories of the past, and the pure joy of the moment. "Just a dog" brings out what's good in me and diverts my thoughts away from myself and the worries of the day.



I hope that someday they can understand that it's not "just a dog", but the thing that gives me humanity and keeps me from being "just a human."

So the next time you hear the phrase "just a dog", just smile, because they "just don't understand."

## Arthur's Dog Biscuits



2 1/2 cups whole wheat flour 1/2 cup  
dry milk --powder  
1/2 teaspoon salt  
1/2 teaspoon garlic powder  
1 teaspoon brown sugar  
6 tablespoons beef fat  
1 egg -- beaten  
1/2 cup ice water

meat drippings until mixture resembles corn meal. Mix in egg. Add enough water so that mixture forms a ball.

Preheat oven to 350. Lightly oil a  
cookie sheet. Combine flour, dry milk,  
salt, garlic powder and sugar. Cut in

Using your fingers, pat out dough onto cookie sheet to half inch thick. Cut with cookie cutter or knife and remove scraps. Scraps can be formed again and baked.

Bake 25-30 minutes. Remove from tray and cool on rack.

You can say any foolish thing to a dog, and the dog will  
give you a look that says, 'Wow, you're right! I never  
would've thought of that!'

- Dave Barry

## **On the 12 Days of Christmas - Make it a Happy Holiday for Your Dog**

**Make the holidays as enjoyable for your dog as they are for the rest of your family (and maybe better).**



### **1. Walk the dog**

You both will benefit from the exercise and bonding. If your home is a beehive of activity and strangers, exercise is a good way to burn off the excess energy and stress your dog may be experiencing.

Only walk in the daylight, when it's not snowing or sleeting, and when you can see the sidewalk to avoid icy patches. A warm coat and boots are desirable for Toy breeds and a necessity for older small dogs. Shorten the length of time depending on how cold it is. A 5-minute walk is fine for a

small dog. If the temperature is below freezing, find an indoor activity instead. Don't overdo it.

### **2. Beware the salt**

Not just on your table but on your sidewalks and streets. If you don't use doggy boots, be sure to wash your dog's paws when before you bring him back in the house. Dip his paws in a bowl of warm water or use a washcloth to wipe them off. This also will melt any snow or ice he has trapped in his paws. Be sure to dry thoroughly.

### **3. Protect your Christmas tree and its decorations from your dog and visa versa**

Dogs love to chew strings, like electrical cords for lights. They also love to open gift-wrapped packages at least as much as we do. Don't leave your dog (or visitor's dogs) unsupervised near your tree.

### **4. Sweep up fallen debris**

Evergreen and Pine needles can get caught in a dog's paws. Tinsel, ribbon and wrapping can cause choking.

### **5. Make sure Santa, not your dog, gets the Santa treats**

If you have small children who leave milk and cookies for Santa, make sure you don't leave your dog alone in the room with them. Not only will your children be disappointed but sugar, chocolate and milk are not good for dogs.



### **6. Keep a lid on trash bins**

What dog could resist the smells coming a full-to-brim trash bin? Don't let your dog help

## **For the Love of the Dog**

himself to bones, fats and other foods that may be bad for him. If you use plastic bags, use a plastic tie to keep them closed.



### **7. Keep plants off limits**

It's not a good idea to leave holly, mistletoe and yew plants at floor level. These can look like after-dinner desert to your dog but many plants can cause stomach distress and even serious injury. Either keep plants at a level your dog can't reach or supervise your dog every time he is in the same room with the plants.

### **8. Use familiar bedding**

If you travel with your dog, take along his bed, blanket and/or mattress. That will help him feel secure and ask any of your guests who are bringing their pets, to bring their bedding as well.

### **9. Examine your dog's toys**

Use December to examine his old toys for wear and tear. Discard toys that have been chewed and ripped and have parts could come off and get caught in your dog's throat or stomach. It's a good idea to take a familiar toy with your dog if you travel over the holidays but make sure it is a safe, clean toy for him.

### **10. Find a quiet place**

Have a safe room for your dog. Many, many dogs especially as they age do not like to be in the center of a commotion all day long. Have a place where your dog can be alone. Even if you travel with your dog, find an area where you can put his blanket or mattress out of harm's way. That's one reason why it's a good idea to create a carrier, that your dog is familiar with, when you travel.

### **11. Watch those calories**

It's understandable that you want to fix a special Christmas meal for your canine best friend, but don't lose sight of the calorie count for the special food or treats. Also, don't let well-meaning family or friends give your dog human food. The salt, fat and spices could upset your dog's digestion.

### **12. Share your dog's good fortune with others**

If your dog gets toys or treats he doesn't want or can't use, consider donating them to your local dog shelter or a rescue group rather than returning them. If you had to travel without your dog and miss your canine companionship, see if a local shelter could use your help walking or playing with some dogs.

**With these few tips, your canine visitors should be just as welcome and just as happy as your other family and friends.**

## Gorgeous George's Goulash



1 pound ground beef -- \*see Note  
2 cups cooked brown rice  
2 cans vegetables --\*see Note  
2 whole egg -- \*see Note  
1 can mackerel, canned  
2 cloves garlic --minced  
1 pound chicken liver -- or gizzards

Pulverize veggies, either in a blender, processor, grinder, etc. Mix all ingredients together in a big pot. Add enough water to cover, mix well simmer for about 2 hrs, stirring occasionally. When it is done cooking, cool, and place into containers or baggies, enough for one feeding in each and freeze. Simply get out in the morning to thaw in the fridge.

*Note:* ground beef, ground turkey, ground venison, etc

*Note:* fresh veggies (about 3 cups)- broccoli, asparagus, sweet potatoes, green beans, carrots, spinach, kale. CUT UP.

*Note:* shells crushed and added

**We give dogs time we can spare, space we can  
spare and love we can spare. And in return,  
dogs give us their all. It's the best deal man  
has ever made.**

**-M. Acklam**

## Christmas Guard Dog



*By Shel Silverstein*

Tonight's my first night as a watchdog,  
And here it is Christmas Eve.  
The children are sleeping all cozy upstairs,  
While I'm guardin' the stockin's and tree.



I'm guarding the stockings I'm guarding the stockings I'm guarding the stockings  
What's that now---footsteps on the rooftop?  
Could it be a cat or a mouse?  
Who's this down the chimney?  
A thief with a beard---  
And a big sack for robbin' the house?



What's going on here?  
I'm barkin', I'm growlin', I'm bitin' his butt.  
He howls and jumps back in his sleigh.  
I scare his strange horses, they leap in the air.  
I've frightened the whole bunch away.

For the Love of the Dog



We're outta here.  
Now the house is all peaceful and quiet again.  
The stockin's are safe as can be.  
Won't the kiddies be glad when they wake up tomorrow  
And see how I've guarded the tree.  
Merry Christmas



## For the Love of the Dog

### Daisy's Doggie Quiche



- 4 whole eggs
- 1 tablespoon cream
- 2/3 cup milk, skim
- 3 ounces meat --\*see Note
- 2 ounces shredded lowfat cheddar cheese -- or other type
- 1 whole pie crust (9 inch)
- 1/2 teaspoon garlic powder -- optional
- 1 sprig parsley -- chopped fine

Pre-heat oven to 375F degrees.

Wisk egg, cream, milk together, then pour into pie crust. Add meat, cheese evenly Bake for 30-45 min. Till done. Let it cool. Sprinkle fresh parsley

*Note:* fine chopped, any type of meat they like. Pre cooked, unless you use liver. Fresh shredded veggies can be used as well.

### Annie's Apple Cinnamon Doggie Biscuits



- 1 package apple, dried
- 1 teaspoon Cinnamon --(I usually just shake some in)
- 1 Tablespoon parsley, freeze-dried
- 1 Tablespoon Garlic Powder
- 1 cup ice water
- 1/2 cup Corn Oil
- 5 cups flour
- 1/2 cup powdered milk
- 2 large eggs
- 1 tablespoon corn oil

Put the apples in a food processor so that pieces are small. Combine in a bowl all of the ingredients -- can add oil or water if dough is too dry. Using a rolling pin roll out dough to about 3/16" thick (can make thinner or thicker). Using a cookie cutter -- cut into shapes -- place on cookie sheets.

Bake at 350 degrees for approx 20 -25 minutes (until golden).

*NOTE:* if you substitute corn meal just subtract about 3/4 cup from flour and add Corn Meal

## Signs You Spoil Your Dog



1. You think begging for table scraps is beneath him so you let your dog eat at the table with you.
2. You take him to the supermarket and let him pick out his own dog food.
3. Your family comes home from work or school, looks at the stew on the stove and asks: "Is this people food or dog food?"
4. You bought matching His and Hers placemats for your dog and yourself.
5. At dinner parties you always double-check the butter for visible lick marks before putting it on the table.
6. Your dog gets to vote on where to spend the next family vacation.
7. You don't care if you or your spouse is comfortable at night, just as long as the dog has enough room on the bed.
8. You complain about the rising costs of groceries but you don't think twice about spending a fortune on doggie treats.
9. Your dog always gets the best spot on the couch.
10. He has his own Web site.

## Sassy Sushi



1 can salmon, canned, pink -- reserve liquid  
1 cup brown rice  
2 cups water -- plus salmon liquid  
1 whole egg, hard-boiled -- chopped  
1/2 cup peas and carrots, frozen -- or more if desired  
1 tablespoon fresh parsley -- chopped  
2 tablespoons cod liver oil  
1 package Nori Sheets -- \*see Note

Drain salmon, reserve liquid for rice. do not remove bones or skin, flake with fork. Defrost peas and carrots. In a sauce pan add salmon liquid, water, brown rice, cook. let cool to touch.

In a mixing bowl add salmon, brown rice, chopped egg, peas and carrots, and parsley, cod liver oil. Mix well.

Place one nori sheet on a flat surface and spread mixture 1/4 inch over nori, leave 1/4 inch edge of nori and dampen with water. And roll. Repeat till nori sheets are used, or mixture is gone.

Individually wrap in plastic wrap, refrigerate till ready to serve. Cut rolls into size for your doggie.

*Note:* Nori Sheets is dried seaweed found in the oriental section of your grocery store or specialty shop. This recipe freezes well also.

**Dogs are not our whole life, but they make our  
lives whole.**

**-Roger Caras**

## Wrapping Christmas Presents with Puppy

1. Gather presents, boxes, paper, etc. in middle of living room floor.



2. Get tape back from puppy.

3. Remove scissors from older dog's mouth.

4. Open box.

5. Take puppy out of box.

6. Remove  
tape from older

dog's mouth.

7. Take scissors away from puppy.

8. Put present in box.

9. Remove present from puppy's mouth.

10. Put back in box after removing puppy  
from box.



11. Take scissors from older dog and sit on them.



12. Remove puppy from box and put on lid.

13. Take tape away from older dog.

14. Unroll paper.

15. Take puppy OFF box.

16. Cut paper being careful not to cut puppy's foot or nose  
that is getting in the way as he "helps."

17. Let puppy tear remaining paper.

18. Take puppy off box.

19. Wrap paper around box.

## For the Love of the Dog

20. Remove puppy from box take wrapping paper from its mouth.

21. Tell older dog to fetch the tape so he will stop stealing it.

22. Take scissors away from puppy.

23. Take tape older dog is holding.

24. Quickly tape one spot before taking scissors from older dog sitting on them again.

25. Fend off puppy trying to steal tape tape another spot.

26. Take bow from older dog.

27. Go get roll of wrapping paper puppy ran off with.

28. Take scissors from older dog who took them when you got up.

29. Give pen to older dog to hold so he stops licking your face.



30. Remove puppy from present hurriedly slap tape on to hold the paper on.

31. Take now soggy bow from puppy & tape on since the sticky stuff no longer sticks.

32. Take pen from older dog, address tag affix while puppy tries to eat pen.

33. Grab present before puppy opens it put it away.

34. Clean up mess puppy older dog made playing tug-of-war with remnants of wrapping paper.

35. Put away rest of wrapping supplies tell dogs what good helpers they are.

*Now I wonder how many of you can attest to just how much fun it is to try to wrap presents with a dog or puppy or even kitties around? I know that I can and this really hits it on the head!*

## Grommy's Breath Busters Biscuits



1 1/2 cups whole wheat flour  
1 1/2 cups Bisquick ® baking mix  
1/2 cup mint leaves -- loosely packed  
1/4 cup milk  
4 tablespoons margarine  
1 egg  
1 1/2 tablespoons maple syrup -- or  
corn syrup

Combine all ingredients in food processor, process until well mixed,

mint is chopped, and a large ball forms.

Press or roll on non-stick surface (floured board or ceramic) to a thickness of 1/4-1/2". Cut into 1x2" strips or with bone-shaped cookie cutter and place on non-stick cookie pan.

Bake at 375° for 20 minutes or until lightly browned. Cool and store in air-tight container. Makes about 30 medium biscuits.

## Moxie's Munchy Muffins



2 carrots  
2 3/4 cups water  
1 egg  
1/4 teaspoon vanilla extract  
2 tablespoons honey  
1 1/2 banana --\*see Note  
4 cups whole wheat flour  
1 tablespoon baking powder  
1 tablespoon cinnamon  
1 tablespoon nutmeg

Shred the carrot with a hand shredder or in a blender. Mix all wet ingredients together in a bowl, then add the pureed banana. Mix together thoroughly. Set aside. Combine the dry ingredients. Add the wet ingredients to the dry and mix thoroughly, leaving no dry mixture on the bottom. Coat a 12 muffin pan with nonstick spray. Fill each muffin hole 3/4 full. Bake about 1 hour at 350 degrees.

*Note:* over ripe. Try replacing the banana with one apple for a different flavor!

## **A Rescuer's Final Reward at Rainbow Bridge**

I have the greatest respect for those who labor daily, often with heavy heart and silent tears, to save the lives of those animals so cruelly thrown away, abandoned and neglected by society. Rescuers work with great diligence, most often with little to no monetary reward. Donations usually fall short of what is needed and they don't hesitate to dig into their own wallets to make up the shortfalls if it mean saving just one more life.

They often go sleepless for days nursing the sick and spend hours and hours driving around pulling dogs, who are sometimes just minutes from their death, from shelters. They will contact anyone and everyone they can to help, via phone or internet, begging and pleading, to save just one more. Rescuers network all over the country with each other getting the word out and setting up transport to get dogs where they can find homes.

Their reward? The look in that dog's eyes when a loving hand pets him and warm arms cuddle him for perhaps the first time. But maybe they are rewarded later in the end. I like to think so.

### **A Rescuers Final Reward**



Unlike most days at the Rainbow Bridge, this day dawned cold and gray. All the recent arrivals at the Bridge did not know what to think, as they had never seen such a day. But the animals who had been waiting longer for their beloved people to accompany them across the Bridge knew what was happening, and they began to gather at the pathway leading to the Bridge.

Soon an elderly dog came into view, head hung low and tail dragging.

He approached slowly, and though he showed no sign of injury or illness, he was in great emotional pain. Unlike the animals gathered along the pathway, he had not been restored to youth and vigor upon arriving at the Bridge. He felt out of place, and wanted only to cross over and find happiness.

But as he approached the Bridge, his way was barred by an angel, who apologized and explained that the tired and broken-spirited old dog could not cross over. Only those animals accompanied by their people were allowed to cross the Bridge. Having nobody, and with nowhere else to turn, the dog trudged into the field in front of the Bridge. There

## For the Love of the Dog

he found others like himself, elderly or infirm, sad and discouraged. Unlike the other animals waiting to cross the Bridge, these animals were not running or playing. They simply were lying in the grass, staring forlornly at the pathway across the Rainbow Bridge. The old dog took his place among them, watching the pathway and waiting, yet not knowing for what he was waiting.

One of the newer dogs at the Bridge asked a cat who had been there longer to explain what was happening. The cat replied, "Those poor animals were abandoned, turned away, or left at rescue places, but never found a home on earth. They all passed on with only the love of a rescuer to comfort them. Because they had no people to love them, they have nobody to escort them across the Rainbow Bridge."

The dog asked the cat, "So what will happen to those animals?"

Before the cat could answer, the clouds began to part and the cold turned to bright sunshine. The cat replied, "Watch, and you will see." In the distance was a single person, and as he approached the Bridge the old, infirm and sad animals in the field were bathed in a golden light. They were at once made young and healthy, and stood to see what their fate would be. The animals who had previously gathered at the pathway bowed their heads as the person approached. At each bowed head, the person offered a scratch or hug.

One by one, the now youthful and healthy animals from the field fell into line behind the person. Together, they walked across the Rainbow Bridge to a future of happiness and unquestioned love. The dog asked the cat, "What just happened? The cat responded, "That was a rescuer.! The animals gathered along the pathway bowing in respect were those who had found their forever homes because of rescuers. They will cross over when their people arrive at the Bridge. The arrival here of a rescuer is a great and solemn event, and as a tribute they are permitted to perform one final act of rescue. They are allowed to escort all those poor animals they couldn't place on earth across the Rainbow Bridge."

The dog thought for a moment, then said, "I like rescuers." The cat smiled and replied, "So does Heaven, my friend. So does Heaven."



## **Rusty's Frozen Razzles**



2 cartons plain or vanilla yogurt (32 oz each)

1 small can tuna in water (8oz.)

2 tsp. garlic powder

24 3 oz. plastic cups (not paper)

Open yogurt, if they are full to the top use a spoon & scoop out one cup. (these will be frozen as plain yogurt).

Put half of the can of tuna in each yogurt container add the garlic powder (1 tsp. in each) & stir thoroughly.

Use a spoon & scoop the mixture into the cups. Place on a tray & freeze overnight. Makes about 24 treats.

### **VARIATIONS:**

Mix in garlic powder, brewers yeast & fennel seed. Veggie Delight: Mix in cooked peas or other vegetables.

Chicken Icy Paws: use canned chicken instead of tuna

Potassium Boost: Add in a mashed banana.

**If there are no dogs in Heaven, then when I  
die I want to go where they went  
-Will Rogers**

For the Love of the Dog

**A Poem to a Master  
from a Dog Gone to the Bridge**



The day you laid me down to sleep  
you prayed to the Lord; my soul to keep  
I know you had to send me on my way  
but you sent me to a new; better; and much  
brighter day

You sent me home; to heaven above  
where I'm cradled in God's arms; covered with  
His love  
I understand what you did; you did out of love  
and I'll return that love; from my new home  
above

My sickness is gone; and I'm free here to roam  
I run and play in the meadows; here in my new home  
We play here by the Bridge; from morning to night  
there is no rain here; just warm sunlight

I know you all miss me; I miss you all too  
but I'll always be with you; whatever you do  
Please wipe the tears; from your weeping  
eyes  
by remembering the good times; from days  
gone by

When you look out; into the dark of night  
I'll be that bright star; your guiding light

We'll meet again at the Bridge one day  
when we'll walk in the light; together to stay



*John Quealy*

## Lulu Lambies



1 pound lamb, ground --cooked  
2 cups cooked brown rice  
2 cups cooked white rice  
1 cup yogurt, skim milk  
4 cloves garlic --crushed  
1/4 cup green beans, frozen -- chopped  
1/4 cup carrots, frozen --chopped  
1/4 cup kale, frozen --chopped

Cook Lamb and drain off excess fat if desired. Defrost frozen veggies, but don't cook them and chop to desired size.

In a large bowl mix cooked lamb, cooked rice, chopped vegetables, garlic and yogurt. Slightly heat and serve.

Refrigerate or freeze portions in zip lock bags. Should yield 3 to 6 servings.

**If you pick up a starving dog and make him prosperous, he will not bite you; that is the principal difference between a dog and a man.  
-Mark Twain**

## What Dogs Can Teach Us

If you pay close attention to the way your dog behaves and sees life, you may be surprised to discover that dogs have tapped into the secret of living a very happy and fulfilling life.



For instance, dogs teach us to show how happy you are to see or talk to your loved ones. When someone walks into your house or you meet in a restaurant, greet them with enthusiasm and affection.



They will appreciate this gesture as much as you appreciate the greeting you receive from your dog.

If a friend or loved one is having a bad day, just listen while they vent. If you can, extend a comforting hand.



Dogs can also teach us to take joy in the simple things. Next time you go for a car ride with your dog, observe how happy she is when the wind blows against her face. Also, note the enthusiasm your invitation to go out in the car is greeted with. We'd all be happier if we could appreciate these small things.

## For the Love of the Dog

The basics to a dog life - napping, eating and playing - are something that busy humans need to do more of. Take advantage of the warm weather, dance around when you are happy and take a long relaxing walk.



Be loyal. Dogs are so highly revered because of their loyalty to the ones they love. Imitate this.



Always be yourself. People can sniff out a fake from a mile away.

Avoid biting when a simple growl will do.



When you're happy, dance around and wag your entire body!



## Lucy Loaf



- 1 cup Amaranth
- 1 cup Dates --dried
- 1 cup boiling water -- or beef broth
- 2 cups whole wheat flour
- 2 teaspoons baking powder --non aluminum sulfate
- 2 tablespoons canola oil
- 3 beaten eggs
- 2 cups beef broth
- 1/2 pound ground beef, extra lean

Put Amaranth and Dates in a bowl, pour boiling water over and allow to soak 30 minutes. Pre-heat oven to 350.

In a large bowl, mix eggs and canola oil and beef broth and beef, mix well. Add whole wheat flour and baking soda, and the soaked Amaranth and Dates. Mix well.

Pour into an oiled loaf pan, bake for 1 hour or till done.

The reason a dog has so many friends is that  
he wags his tail instead of his tongue.

-Anonymous

## For the Love of the Dog

### Where Do Pets Come From?

It is reported that the following edition of the Book of Genesis was discovered in the Dead Sea Scrolls. If authentic, it would shed light on the question, "Where do pets come from?"

And Adam said, "Lord, when I was in the garden, you walked with me everyday. Now I do not see you anymore. I am lonesome here and it is difficult for me to remember how much you love me."



And God said, "No problem! I will create a companion for you that will be with you forever and who will be a reflection of my love for you, so that you will know I love you, even when you cannot see me. Regardless of how selfish and childish and unlovable you may be, this new companion will accept you as you are and will love you as I do, in spite of yourself."

And God created a new animal to be a companion for Adam. And it was a good animal. And God was pleased.

And the new animal was pleased to be with Adam and he wagged his tail. And Adam said, "But Lord, I have already named all the animals in the Kingdom and all the good names are taken and I cannot think of a name for this new animal."

And God said, "No problem! Because I have created this new animal to be a reflection of my love for you, his name will be a reflection of my own name, and you will call him DOG."

And Dog lived with Adam and was a companion to him and loved him. And Adam was comforted. And God was pleased. And Dog was content and wagged his tail.

After a while, it came to pass that Adam's guardian angel came to the Lord and said, "Lord, Adam has become filled with pride. He struts and preens like a peacock and he believes he is worthy of adoration. Dog has indeed taught him that he is loved, but no one has taught him humility."

And the Lord said, "No problem! I will create for him a companion who will be with him forever and who will see him as he is. The companion will remind him of his limitations, so he will know that he is not worthy of adoration."

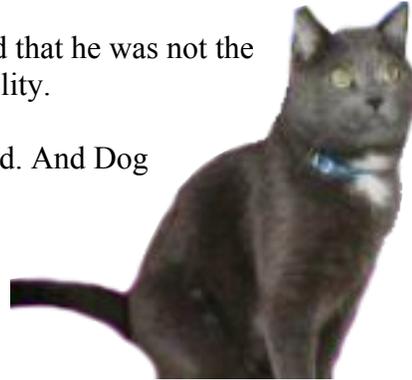
**For the Love of the Dog**

And God created CAT.  
And Cat would not obey Adam.

And when Adam gazed into Cat's eyes, he was reminded that he was not the  
supreme being. And Adam learned humility.

And God was pleased. And Adam was greatly improved. And Dog  
wagged his tail.

And Cat did not care one way or the other.



## Sammy's Dog Loaf



2 1/8 cups water  
2 cups brown rice  
2 large potatoes  
2 large carrots  
1 1/8 pounds pumpkin  
1 large onion  
2 cloves garlic  
3/4 bunch silver beet  
1 cup whole meal pasta --or Soya pasta  
2 cups rolled oats  
1 cup whole meal flour  
1 1/8 pounds mince (or liver or fish)  
3 eggs

Boil the rice in water for 10 - 15 minutes and chop the veggies (I put them through the food processor) Add the veggies and pasta to the rice and cook for 10 minutes. Turn off the heat and leave to cool slightly. Add mince, eggs, herbs, rolled oats and flour and mix together. Add more oats or flour if mixture is sticky (should be like a fruit cake mix)

Spoon into oiled and floured loaf tins and bake in a hot oven 180 degrees CENTIGRADE for 1 hour.

Remove from tins, turn oven off and return loaves to oven for 5 - 10 minutes to firm bottom crust.

Take out of oven, leave to cool and use immediately or wrap in foil and freeze.  
Makes about 3 - 4 loaves.

**A dog is the only thing on earth that loves  
you more than he loves himself.  
-Josh Billings**

For the Love of the Dog

**My Dogs Live Here!**

*My dogs live here, they're here to stay.  
You don't like pets? Be on your way.  
They share my home, my food, my space.  
This is their home, this is their place.*

*You will find dog hair on the floor,  
They will alert you're at the door.  
They may request a little pat,  
A simple 'NO' will settle that.*

*It gripes me when I hear you say,  
'Just how is it you live this way?  
They smell, they shed, they're in the way.'  
WHO ASKED YOU? is all I can say.*

*They love me more than anyone.  
My voice is like the rising sun,  
They merely have to hear me say,  
'C'mon, time to go and play.'*

*Then tails wag and faces grin,  
They bounce and hop and make a din.  
They never say, 'No time for you,'  
They're always there, to GO and DO.*

*And if I'm sad, they're by my side.  
And if I'm mad, they circle wide.  
And if I laugh, they laugh with me.  
They understand, they always see.*

*So, once again, I say to you, 'Come visit me,' but know this too...*

*My dogs live here, they're here to stay.  
You don't like pets? Be on your way.  
They share my home, my food, my space.  
This is their home, this is their place.*

## For the Love of the Dog

### Roo Crew Chews

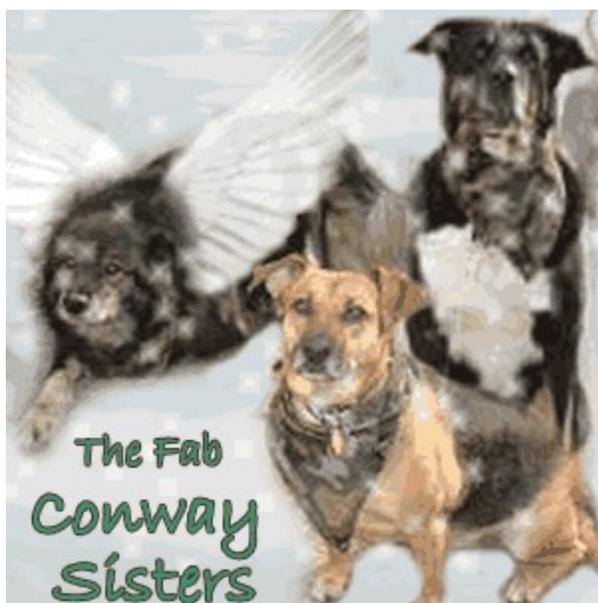


1 cup white flour  
1 cup whole wheat flour  
1/4 cup sunflower seeds --chopped  
2 tablespoons applesauce  
1 tablespoon peanut butter  
1/4 cup molasses  
2 egg -- beaten  
1/4 cup milk

Mix the dry ingredients (flour and seeds) together. Add applesauce, peanut butter and molasses and stir well. In a separate bowl mix the egg and milk together. Add to the dough. Add a little more milk if the mixture is too dry you want a firm dough.

Knead for a few minutes. Roll out to 1/2" thickness. Cut into desired shapes. Bakes at 350 degrees for 30 minutes, or until biscuits are brown and firm.

### Conway Crunchies



3 cups Whole wheat flour  
1 teaspoon Garlic salt  
1/2 cup Soft bacon fat  
1 cup Shredded cheese  
1 Egg --beaten slightly  
1 cup Milk

Preheat oven to 400 F. degrees.

Place flour and garlic salt in a large bowl. Stir in bacon fat. Add cheese and egg.

Gradually add enough milk to form a dough. Knead dough and roll out to about 1 inch thick.

Use dog bone cookie cutter to cut out dough. Place on greased cookie sheet. Bake about 12 minutes, until they start to brown. Cool and serve.

## **Natural Health for Doggies**

People have been using natural remedies and natural health supplements since time immemorial and today more and more people are also realizing that our pets can as well benefit from a more natural approach to health as well.

Here are some wonderful natural recipes, from supplements to soaps that you can use for your dog. Give it a try, you may be wonderfully surprised at the results!

### **Dog Coat Oil Supplement**

- ✓ 1/4 cup olive oil
- ✓ 1/4 cup canola oil
- ✓ 1/4 cup cod liver oil
- ✓ 1/4 cup flax seed oil

Place oils in brown bottle and shake well. Store in refrigerator.

Add two teaspoons to the dog's food each day. Can be added to dry food as well.

Safflower and Sunflower oil may used as well

### **Dog Powder Mix**

- ✓ 1 cup brewer's yeast
- ✓ 1 cup bone meal
- ✓ 1/2 cup kelp powder
- ✓ 1/2 cup alfalfa powder

Mix well add to air-tight container. Keep in freezer if desired add one tablespoon to dogs food each day.

### **Doggie Body and Coat Tea**

Herbal teas make wonderful rinses for canine coats and I will give a few recipes for you can try out and of course when comfortable you can start adding your own touches.

- ✓ 1 Tbs of organic cider vinegar
- ✓ 2 cups of herbal tea (chamomile, rosemary or peppermint)
- ✓ Nettle, comfrey leaf, calendula leaf (loose herbs)
- ✓ A few drops of glycerin (optional)

## **For the Love of the Dog**

Boil the water and pour it over the tea bag of your choice, cover it and let it simmer for 10-15 minutes. If you are using a tea bag and some loose dry or fresh herbs, you have to strain the whole thing when it cools.

If you are using roots, seeds or barks (hard plant parts) such as ginger, fennel, valerian root, soak your them in cool water overnight and than boil them for 10-15 minutes. Then follow the above steps.

Once it's cold add organic vinegar and glycerin. Dilute this solution with 1-2 cups of bottled water. Use this mixture as the last rinse water for your dog. You can wipe your dog's face with it as well. It's light and the scent is so mild that it will not bother her/his sensitive nose.

You can also put this doggie body tea in a spray bottle without diluting it and mist lightly while brushing your dog. I use both peppermint and chamomile all year around and it makes our dogs' coats smell great and helps the itchies they sometimes get after hiking or swimming.

Make sure to label (date ingredients used) and refrigerate left over tea.

## **Aloe Vera Pet Shampoo**

### **Simple Solution:**

- ✓ 2 cups water
- ✓ 2 teaspoons liquid castile soap
- ✓ 2 tablespoons Aloe Vera gel
- ✓ Up to 1 teaspoon vegetable glycerin or vegetable oil

Combine all ingredients in a jar. Shake to blend. Get you pet's coat wet, pour on the shampoo a few tablespoons at a time, lathering as you go. Work the shampoo in with your hands. Rinse thoroughly and unless you want your pet to shake themselves dry (and get everything in the vicinity wet at the same time!) towel them dry.

## **Lemon Skin Tonic**

- ✓ Bring 1 pint of water to a boil and remove from heat
- ✓ Add 1 thinly sliced lemon
- ✓ Allow to steep overnight or all day
- ✓ Strain liquid

The liquid can be put into a spray bottle, squeeze bottle or just a container. Apply liberally to the coat of the dog and rub in so that the skin is wet.

## For the Love of the Dog

Lemons are very good for the skin and contain limonene which is an effective insect repellent. The limonene actually dissolves fleas' waxy coating causing dehydration and death of the flea.

Use as necessary.

### **Upset Stomach Remedy**

- ✓ 1 cup distilled or spring water
- ✓ 1 tsp. slippery elm powder
- ✓ 1 tbsp. honey

Place water in a small saucepan and mix in powder, stirring with a whisk to remove all lumps. Bring to a boil, stirring constantly. After mixture reaches a boil, turn down to simmer and stir a few more minutes until it thickens slightly. Remove from heat. Allow to cool.

Mix in food at mealtime. Give 1 teaspoon to 3 tablespoons (depending on your dog's size) three or four times a day. If dog will not eat, you can give it with a teaspoon, syringe, or baster.

### **Rosemary Rub**

Use for sprains and rheumatic pain.

- ✓ 1 large handful fresh or dried rosemary
- ✓ 3 C. water
- ✓ Essential oil of rosemary (optional)

Simmer herbs in a tightly covered saucepan for 20 minutes, then let steep for 2 hours.

Dip a muslin cloth into the warm liquid and apply it to the affected limbs.

### **Healing Ointment**

This is wonderful for cuts, scrapes, hot spots, etc and is just a good for people as pets.

- ✓ 1/3 cup of Olive oil
- ✓ 1 tbl beeswax
- ✓ 1 tbl myrrh powder
- ✓ 1 tbl goldenseal [cut herb is best]
- ✓ 5 drops of Lavender essential oil
- ✓ 5 drops of tea tree oil

## **For the Love of the Dog**

- ✓ 1-2 drops of peppermint essential oil
- ✓ pinch of citric acid [optional] [used as a preservative]

Gently heat the oil, myrrh and goldenseal over low heat for about 20 minutes. Strain oil through a coffee filter (this can take a while). Re-measure the oil. Restore to 1/3 cup. In a double boiler, heat the oil and beeswax until the wax is completely melted. Remove from heat. Stir in citric acid.

Pour into sterilized jar and allow to cool before capping. Store in the refrigerator.

*Note:* If you have vitamin E capsules, pierce one and substitute the contents for the citric acid.

## **Natural Ear Cleaner**

Keeping your dog's ears clean is of major importance. This solution will not only clean ears gently and naturally, it will kill yeast infections and ear mites.

- ✓ ½ cup apple cider vinegar
- ✓ ½ cup distilled or spring water
- ✓ 5 drops tea tree oil

Mix ingredients together and pour into bottle with squirt top. Depending on how much care your dog's ears need, squirt into ear canal once a week, more if ears need it, massage canal and let dog shake excess out. Use a towel to wipe excess from ear. Do not use cotton balls or Q-tips, they will push ear wax into the canal and Q-tips may damage the ear drum.

For the Love of the Dog



I hope you enjoyed our gift! Please feel free to share this with friends, family and any dog lovers you know.

Stop by and visit us sometime at [For the Love of the Dog!](#)

And once again we want to take a moment to wish you and yours a Merry Christmas, Happy Holiday and Happy New Year!! May you all be safe, happy and healthy, filled with love and caring in this special season and may it carry through every day of the year!!